

Cayucos Senior Center and Thrift Shop

200 Ocean Avenue, Cayucos, Ca. 93430 – cayucosseniors.org

Open Mondays through Saturdays 10am to 4pm

A Message from your President Adrian Hurtado

Happy Veterans Day (as appropriate) and Happy Thanksgiving Day. It seems like I just said that and here we are again.

We missed our Casa de Flores friends in October, as their bus was going through a CHP inspection and was not available to bring them. Dawn and Julie still showed up, though, with red cabbage and potatoes prepared by Trevor, and Halloween cupcakes from baker Judy. Thank you all and we hope to see the group back this month.

Jim Cox and the kitchen crew prepared bratwurst and sauerkraut for the Oktoberfest fare, and this month will fix up a Thanksgiving turkey dinner with all the trimmings..

Sue Whitten is looking for a new name for the Over 90s group. I suggested The Vintage Vagabonds, but that did not seem to go over well. If you are 90+ and want to be involved, call the Senior Center and let the desk person know.

Entertainer Andy Scott's tunes got people out on the floor dancing, and got me singing along to Eagles' tunes. This month, we welcome back the Crustecea Jazz Band.

Upcoming events include the annual Cayucos Car Show and Lion BBQ on November 2. *Our Senior Executive Board meeting will be held on November 4 instead of November 11, so as not to conflict with Veteran Day* activities. Board meetings are always open to anyone that wishes to attend and are held at 9:00 a.m.

See you on the 13th. Adrian

A Message from your VP Gerald Dobyngs

Happy Thanksgiving everyone. It's the time of the year to celebrate family, friends and all good things. Also, don't forget the Cayucos Car Show on Sunday, Nov. 2nd.

Many thanks to the kitchen crew and servers for our Octoberfest of sauerkraut, spiced up by Janet Arnold as well as some great bratwurst. We also enjoyed our 46th anniversary with a great carrot cake.

Our entertainment last month was Andy Scott. We enjoyed his great oldies. I will have Andy back next year. This month entertainment will be Anne Abler and her group Crustacea Jazz. They are always fun to listen to.

Dorothy LeClear's name was pulled for the attendance drawing of \$175, but she was not in attendance. Sorry Dorothy. This month attendance drawing will be \$200.

The 50/50 drawing was won by lucky Jim Watts who won \$88. Congratulations Jim.

Have a great Thanksgiving and Stay save. See you all on Wednesday, November 13th for our potluck and general meeting. Jerry

November Birthdays

Kay Tift	Nov. 2
Mary Ann Carnegie	Nov. 2
Betsy Watts	Nov. 3
Joyce Loveless	Nov. 3
Mark Scoennauer	Nov. 5
Brian Scholfield	Nov. 9
Ann Fitzgerald	Nov. 10
Lydia Seaman	Nov. 17
Leonard Cicerello	Nov. 23
Nadine Holland	Nov. 24
Joyce Grant	Nov. 27
Don Rhodes	Nov. 29

Laurie's Sunshine Report

A sympathy card sent to
The family Ian Erickson

Good Bye, Joyan

Joyan Svancara will be moving to be closer to family. She has been doing the sunshine report for many years and we would like to extend our sincere appreciation for her help. God speed, Joyan. Our best wishes go with you.

The new sunshine chair is Laurie Niblock. Please call her at 805, 995-0910 for any names you would like to mention in this newsletter.

A Message from Membership Chair Margaret Ann Bretz

2020 dues are \$10.00 per year per member. Lifetime membership is \$100 per member or free when a member reaches 90 years of age. If you are a member that will reach 90 years young in 2020, please call the center at 805, 995-3543 and tell the front desk volunteer your name and that you will be turning 90 in the year 2020.

Dues are due by January 1, 2020 and will be past due after January 31. Members must pay their dues by January 31st to be eligible for the attendance drawing at our monthly luncheons and to receive a monthly newsletter.

Dues can be paid at our Thrift Store at 200 Ocean Avenue or be mailed to Cayucos Senior Club, P.O.Box 134, Cayucos, Ca.93430. I will also have a table at our November, December and January Potlucks.

A very Special 100th Birthday Greeting to Kay Tift

On Nov 2, our long time member Kay Tift will celebrate her 100th birthday. She no longer lives in Cayucos, but communicated to us that she enjoys the seniors newsletter. When residing in this town, Kay and Floyd were very active in community affairs. They were founding members and leaders in the Cayucos Mural Society, most of which can still be seen around town. Dear Kay, we all wish you many more years to celebrate. All of us at the Cayucos Seniors.

November

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 1pm Tai Chi with Linda Vet's Hall tent	5	6	7 Noon - Bridge At the Center	8 Noon to 1PM "Booked for Lunch" Cayucos Library	9
10	11 9:00am Board Meeting 1pm Tai Chi with Linda Vet's Hall tent	12	13 11:30 am POTLUCK Vet's Hall Tent	14 Noon - Bridge At the Center	15	16
17	18 1pm Tai Chi with Linda Vet's Hall tent	19	20	21 Noon - Bridge At the Center	22	23
24	25 1pm Tai Chi with Linda Vet's Hall tent	26	27	28 Noon - Bridge At the Center THANKSGIVING	29	30

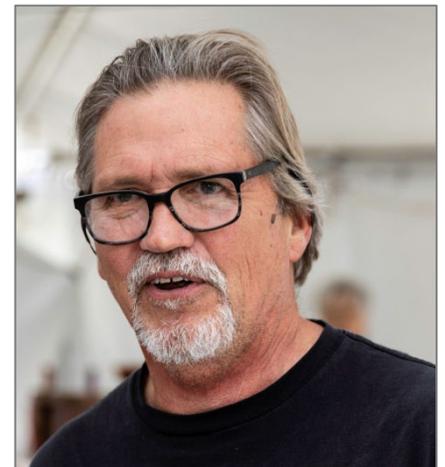
October 2019 Cayucos Senior Luncheon



October Birthdays – Bonnie Little, Roger Awbrey, Barbara Hamilton, Sue Whitten, Deborah Way, Margaret Ann Bretz, Leslie Romero and Judith Monson



Cris & Shelly Shapiro - grandson and son-in-law of Roger Awbrey



Guest Al Stanley



*Susan Awbrey guest of dad
Roger Awbrey*



Wonderful entertainer - Andy Scott



New Members, Ralph & Sandra Stegner, dancing to the music of Andy Scott



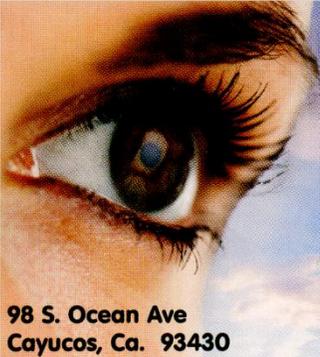
Della Carrillo serving Jim Cox's October Fest of Bratwurst, roasted Radicchio and roasted bell peppers



Pat & Dick Moon and Della Carrillo serving October Fest



Betsy Watts' ticket was chosen BUT she was in the ladies' room, so her husband Jim kindly accepted \$88.00



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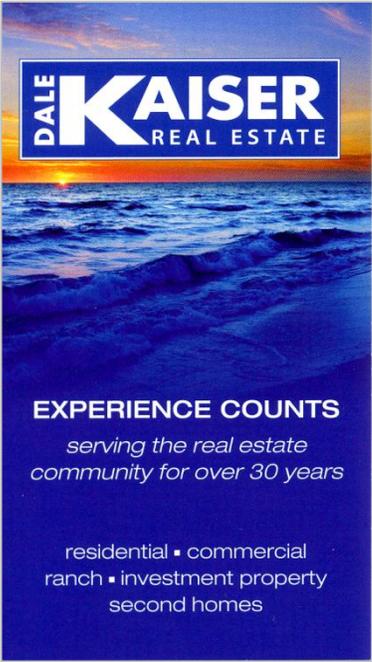


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HAS AN APPOINTMENT ON

MON. TUES. WED. THUR. FRI. SAT.

DATE _____ AT _____ A.M.
P.M.

TERRY F. MOORE, D.D.S.

176 N. OCEAN AVE. TELEPHONE
CAYUCOS, CA 93430 (805) 995-3123

WE RESERVE THE RIGHT TO CHARGE FOR APPOINTMENTS CANCELLED OR
BROKEN WITHOUT 24 HOURS NOTICE.



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Transportation Troopers

Imagine being an active senior who can no longer drive. How do you get to doctor appointments? How can you show up at the dentist's office? What about arriving at the airport for that vacation trip? And there is the weekly grocery shopping.

When you are a Cayucos Senior Center member, never fear; the transportation troopers are here! Coordinator Jim Watts and his many merry volunteer drivers generously give their time to drive us to important destinations Monday through Friday. Just call the center seven days in advance and arrangements will be made to get you to and from where you want to go. A round trip to SLO is only a donation of \$5 while back and forth to Morro Bay is only \$2.

A big SHOUT OUT and much gratitude to Jim and his crew for the incredible service they provide in keeping us active and mobile.

Judy Ellis

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Editor: Laurie Niblock

NOVEMBER EVENTS IN CAYUCOS

November 1 and 2
Friday and Saturday

Cayucos Car Show
North Ocean Avenue

November 8
Friday

noon to 1pm
"Booked for Lunch" meets at the Cayucos Library

November 11

Veterans Day

November 18

National Volunteer Day

November 28

Thanksgiving